

WASHINGTON TOWNSHIP MIDDLE SCHOOLS

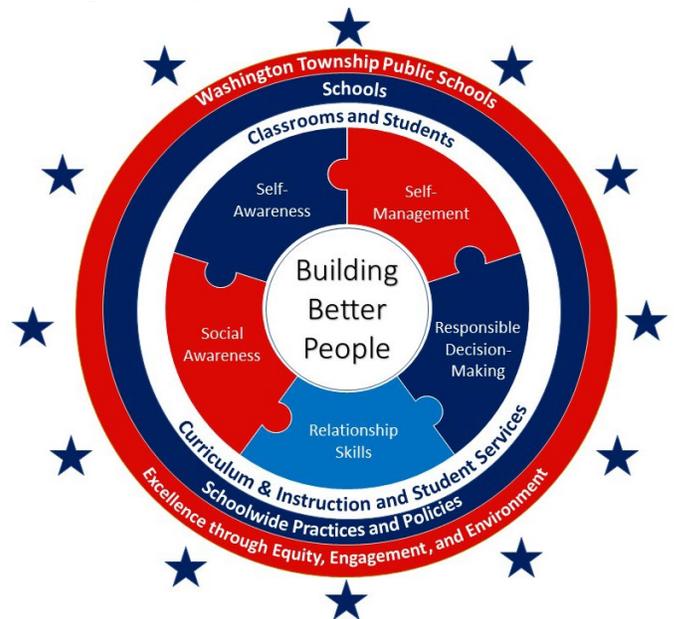
School Counseling Department



Grade 7 Planning Tools

- ✓ **Grade 7 Goals**
 - Continue to plan short-term and long-term goals
 - Continue self-advocacy
 - Organize your school responsibilities
 - Manage your time
 - Participate in counseling lessons and school activities about social/emotional skills: *Self-Awareness, Self-Management, Responsible Decision Making, Relationship Skills, Social Awareness*
- ✓ **[BHMS Website](#), [CRMS Website](#), [OVMS Website](#)** – Bookmark on laptop
 - Student Handbook – Use as a reference
 - Principal and Assistant Principal
 - School Nurse – Health Services
 - Library/IMC
 - Harassment, Intimidation, and Bullying (HIB) Reports
- ✓ **[BHMS Counseling Website](#), [CRMS Counseling Website](#), [OVMS Counseling Website](#)** – Bookmark on laptop
 - School Counseling Secretary and School Counselors
 - Middle School Counselor – Confidentiality
 - Counselor Email & Telephone
- ✓ **PowerSchool/Schoology** – Bookmark on laptop
 - Current Schedule – Review courses
 - Grades
 - Grading scale
 - Report cards – 2 semesters
- ✓ **[BHMS Naviance](#), [CRMS Naviance](#), [OVMS Naviance](#)** – Bookmark on laptop and explore the following information
 - Home
 - Self-Discovery
 - Career Cluster Finder – Careers that match your interests
 - Career Interest Profiler – Complete the survey
 - Career Key – Understand your score using [Holland Interest Codes](#)
 - Intelligences – Understand your Multiple Intelligences and Emotional Intelligence results

- Learning and Productivity – Understand your sensory and mindset preferences
- Personality – Understand your personality type
- StrengthsExplorer – Understand your strengths
- Careers
 - Favorite Careers and Clusters – Create a list
 - Explore Careers
 - [Holland Interest Codes](#)
 - [Career Cluster Pathways](#)
 - Explore Clusters and Pathways – Search for helpful information
 - Favorite or Explore Military Branches - Search for helpful information
 - Explore Roadtrip Nation Videos – Watch videos about different careers
- Colleges – Find Your Fit
 - SuperMatch College Search – Create a list
 - Advanced College Search – Select the criteria to search schools
 - College Lookup – Lookup an individual school
- Colleges – Research Colleges
 - Colleges I’m Thinking About – Start a list
 - College Resources – Review the helpful resources
 - Enrichment Programs – Search program opportunities
 - College Maps – Review information
- Planner
 - Tasks – See if your counselor assigns a task
 - Goals – Set your own goals
 - To-Dos – Create a list
- Click your initials in the top right-hand corner > Documents and Notes
 - Resume – Add/Update Sections
 - Portfolio – Your information
 - Surveys – Check your results
- ✓ **Standardized Tests**
 - Spring NJSLA – ELA, Mathematics, Science
- ✓ **Co-Curricular**
 - Sports, Clubs, and Activities





Grade 7 Monthly Checklist



August	<ul style="list-style-type: none">✓ Complete Summer Assignments✓ Welcome back and good luck with your new schedule!✓ Attend New Student Breakfast
September	<ul style="list-style-type: none">✓ Continue working with your middle school counselor✓ Submit Summer Assignments✓ Get involved in school sports, clubs, and activities✓ Use your Naviance account for college and career readiness✓ Participate in Semester 1 Counseling Lesson with Naviance, Second Step etc. (<i>Re-Introduction to Middle School Counselor, Academic Skills and Success/College, Career, and Life Readiness with Naviance</i>)✓ Tryout for School Choir/Band✓ Check PowerSchool/Schoology for assignments and current grades
October	<ul style="list-style-type: none">✓ Meet with your counselor as needed✓ Participate in Semester 1 Counseling Lesson with Naviance, Second Step etc. (<i>Re-Introduction to Middle School Counselor, Academic Skills and Success/College, Career, and Life Readiness with Naviance</i>)✓ Participate in No Place for Hate activities✓ Participate in Week of Respect Activities✓ Participate in School Violence Awareness/Red Ribbon Week activities✓ Check PowerSchool/Schoology for assignments and current grades
November	<ul style="list-style-type: none">✓ Meet with your counselor as needed✓ Participate in Semester 1 Counseling Lesson with Naviance, Second Step etc. (<i>Re-Introduction to Middle School Counselor, Academic Skills and Success/College, Career, and Life Readiness with Naviance</i>)✓ Check PowerSchool/Schoology for assignments and current grades
December	<ul style="list-style-type: none">✓ Meet with your counselor as needed✓ Participate in Semester 1 Counseling Lesson with Naviance, Second Step etc. (<i>Re-Introduction to Middle School Counselor, Academic Skills and Success/College, Career, and Life Readiness with Naviance</i>)✓ Participate in Panorama Social Emotional Survey✓ Check PowerSchool/Schoology for assignments and current grades
January	<ul style="list-style-type: none">✓ Meet with your counselor as needed✓ Participate in Semester 1 Counseling Lesson with Naviance, Second Step etc. (<i>Re-Introduction to Middle School Counselor, Academic Skills and Success/College, Career, and Life Readiness with Naviance</i>)✓ Participate in No Place for Hate activities✓ Check PowerSchool/Schoology for assignments and current grades
February	<ul style="list-style-type: none">✓ Participate in National School Counseling Week!✓ Meet with your counselor as needed✓ Establish Semester 2 goals for academic improvement and study skills development✓ Participate in Semester 2 Counseling Lesson with Naviance, Second Step etc. (<i>SES: Self-Management, Relationship Skills, Social Awareness</i>)✓ Check PowerSchool/Schoology for assignments and current grades
March	<ul style="list-style-type: none">✓ Meet with your counselor as needed✓ Participate in Semester 2 Counseling Lesson with Naviance, Second Step etc. (<i>SE: Self-Management, Relationship Skills, Social Awareness</i>)✓ Participate in No Place for Hate activities✓ Check PowerSchool/Schoology for assignments and current grades✓ Review summer school or retention, if necessary



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April	<ul style="list-style-type: none">✓ Meet with your counselor as needed✓ Participate in Semester 2 Counseling Lesson with Naviance, Second Step etc. (<i>SES: Self-Management, Relationship Skills, Social Awareness</i>)✓ Check PowerSchool/Schoology for assignments and current grades
May	<ul style="list-style-type: none">✓ Meet with your counselor as needed✓ Participate in Semester 2 Counseling Lesson with Naviance, Second Step etc. (<i>SES: Self-Management, Relationship Skills, Social Awareness</i>)✓ Start thinking about your courses next school year and your interests✓ Take Spring NJSLA ELA, Math✓ Participate in Panorama Social Emotional Survey✓ Check PowerSchool/Schoology for assignments and current grades
June	<ul style="list-style-type: none">✓ Meet with your middle school counselor as needed✓ Participate in Panorama Social Emotional Survey✓ Get your Summer Assignments✓ Seek enrichment, volunteer, or employment opportunities as resume builders during the summer✓ PowerSchool – Final report card emailed✓ Enjoy your Summer!